

10 Steps to Declutter– the Ultimate Checklist to a Cleaner Life

Ready to sell your home? Or just want to enjoy a cleaner, more HGTV like living environment? Follow these 10 steps to declutter inspired by Marie Kondo. Save our checklist and follow it step by step, when you are used to this mindset, your house will stay clean and you will never have to do it again.

The basic principles are:

If you haven't used it in the past year, get rid of it.

Step 1: Whole House – throw out the obvious stuff

If you don't feel joy when using it, get rid of it.

If you feel unsure of whether to let go of certain items, ask yourself: if I were to shop right now, would I buy this? Am I holding on this only for the sentimental value? Is the only thing that's keeping me from getting rid of it is the guilt of wasting money? Do I have a similar item? Do I have a realistic plan to use it? Do I keep the broken items in hopes of repairing them one day? These questions will help you reason with yourself and get rid of the items that no longer serve you.

Ready? Go!

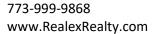
	Garbage!
	Receipts
	Junk mail
	Old CDs
	Gifts you never use
	Old pillows
	Old electronics
	Shop reward cards, loyalty cards you never use
	Coupons
	Frayed or stained washcloths and towels
	Old phones
	Old magazines
	Notes taped to the fridge for events in the past
	Boxes
	Dead plants/flowers
	Empty jars or storage containers
Step 2:	Public Area – clean out 'em drawers
	Buttons



	Flyers	
	Random paper	
	Broken or scratched sunglasses	
	Empty tape dispensers	
	Old remotes	
	Extra wooden spoons	
	Small kitchen gadgets you don't use like an apple cutter or garlic press	
	Old batteries	
	Change purses you never use	
	That pair of dull or crappy scissors	
	Old cell phone covers	
	Chargers for old phones	
	Old school books	
	DVDs you don't watch	
	Pens that no longer work	
	Unused candles	
	VHS tapes and audio cassettes	
Step 3: Bedroom Drawers		
П	Lipmatched codes	
_	Unmatched socks Socks with holes	
	Clothes your kid outgrew	
	That pair of shorts you are never going to fit into	
	Worn out bathing suits	
	Under clothes that will never 'look' clean	
	Worn out bras	
	Sport bras that have no hold	
	Ragged t-shirts	
	Promo t-shirts you never wore	
Step 4: Kitchen		
	Duplicates - How many cake pans do you really need?	
	Extra kitchen appliances (out and never used)	
	Excess mugs	
	Excess glasses	
	Herbs/spices not used in a year	
	Tea/coffee never drunk	
	Old sponges	
	Empty cleaning supplies	
	Cleaning supplies that you don't even know what they are for.	
	Tupperware without lids.	
	Any container you haven't used in over 1 year	



	Broken items	
	Recipe books	
	Takeout menus you never use	
	Excessive amounts of dishes	
Step 5: Closets		
	Clothes that don't fit	
	Clothes with stains	
	Clothes that are too worn out.	
	Clothes you haven't worn in a year or longer	
	Ugly clothes- clothes that are out of style, or simply don't look good on you.	
	Gloves, socks, etc. with no match.	
	Old or worn out shoes.	
	Belts you don't wear	
	Old school bags	
	Excess carrier bags	
	"Just in case" shoes that have always been super uncomfortable	
Step 6: Specialty Rooms (laundry room, toy room, home office, any room with a single purpose)		
	Anything broken or missing pieces or parts	
	Items that belong in another room.	
	Old rags	
	Half-finished craft projects	
	Empty boxes	
	Old paperwork	
	Old computer games	
	Excess kids artwork	
	Toys that are no longer enjoyed	
Step 7: Bedroom		
	Anything broken or with missing parts	
	All shelf area!! Knick knacks that are just keeping up space	
	Small framed pictures? Which of these do you never look at?	
	Under the bed items not being used in more than 1 year	
	An old alarm clock you don't use because your phone is your alarm?	
	Old bedding	
	Baby items if baby is grown	
Step 8: Bathroom and vanity		
	Worn out hair ties	
	Unmatched earrings	
	Old makeup products	





	Old hair products	
	Old skincare products	
	Expired meds	
	Gloopy nail polish	
	Tarnished jewelry	
	Makeup bags you never use	
	Product samples	
	Ragged nail accessories	
	Empty or almost empty products	
	Duplicates, like hair accessories	
	Tattered makeup brush	
	Gunked up makeup sponges	
Step 9: Pantry		
	Food you haven't eaten and won't eat anytime soon	
	Anything expired!	
	Move things to the front to be used next.	
	Get rid of excess packaging	
	Organize food into like items so you can actually see them	
Step 10: The Garage & Attic		
	Mementos	
	Old furniture	
	Obline	
	Old toys	
	Hazardous waste (paint, oil, antifreeze)	
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